

£8.50 MEAL DEAL
Includes a choice of main,
two sides*, dessert and a drink.

CHILDREN'S MENU

MAINS

BEEF BURGER

Toasted glazed bun, 2oz beef burger, lettuce and tomato sauce. 262 kcal
+ cheese for 50p *v* 66 kcal

SMASHED VEGGIE BURGER *vg*

Toasted glazed bun, lentil burger, salsa and lettuce. 232 kcal
+ vegan cheese for 50p *vg* 64 kcal

CRISPY BATTERED FISH GOUJONS 200 kcal

SOUTHERN FRIED BATTERED CHICKEN GOUJONS 186 kcal

GRILLED PORK SAUSAGES 412 kcal

VEGAN SAUSAGES *vg* 138 kcal

ADD YOUR SIDES TO ANY OF THE ABOVE

Side One - choose:

mashed potatoes *vg* 266 kcal, chips *vg* 323 kcal, fries *vg* 437 kcal or rice *vg* 237 kcal

Side Two - choose:

beans *vg* 39 kcal or peas *vg* 21 kcal

**deal includes one choice from each of the above.*

PENNE PASTA IN CLASSIC TOMATO SAUCE *v* 264 kcal

Served with grated Cheddar cheese and garlic baguette.

CHICKEN KORMA 683 kcal

Sliced chicken breast cooked in a creamy coconut sauce,
served with basmati rice and mini poppadoms.

SWEET POTATO & VEGETABLE KORMA *v* 448 kcal

Sweet potato and vegetables cooked in a creamy korma sauce,
served with basmati rice and mini poppadoms.

v - vegetarian, vg - vegan

Our allergen information is available on request. Please let your server know if you have any allergies or intolerances. We take steps to minimise the risk of cross-contamination when preparing your food, however, we do not have specific allergen-free zones in our kitchens. It is therefore not possible for us to guarantee separation of all allergens.

BUILD YOUR OWN

Choose either a delicious wrap or tasty salad with one of the following::

Davidstow Cheddar *v 104 kcal / Coronation chicken 159 kcal*
St Ewe egg mayo *v 144 kcal / Atlantic prawns in Marie Rose 78 kcal*
Beetroot falafel *vg 93 kcal*

WRAP

Soft tortilla wraps, filled with crisp lettuce, tomatoes and sliced cucumber. *255 kcal*

SALAD

Cucumber, cherry tomatoes, lettuce and carrot batons and French-style dressing. *95 kcal*

DESSERTS

VEGAN FRUIT & NUT FLAPJACK *vg*

Fruit & nut flapjack served with chocolate sauce and raspberry ripple ice cream. *332 kcal*

TRIPLE CHOCOLATE BROWNIE SUNDAE *v*

Warm triple chocolate brownie topped with vanilla ice cream, mint and chocolate sauce. *341 kcal*

YOGHURT & FRUIT *v*

Cornish natural yoghurt with mixed berries, raspberry coulis and mint. *147 kcal*

ICE CREAM & WAFER *v, vg option 212 kcal*

Vanilla *v 135 kcal per scoop*, chocolate *v 177 kcal per scoop*,
strawberry *v 160 kcal per scoop*, salted caramel *v 193 kcal per scoop*
banana *v 191 kcal per scoop*, vegan raspberry ripple *vg 106 kcal per scoop*
raspberry sorbet *vg 112 kcal per scoop*

DRINKS

CAWSTON PRESS

Choose Apple & Pear *54 kcal per carton*, Apple & Mango *54 kcal per carton*
or Apple & Summer Berries *50 kcal per carton*

**We have a separate menu available for guests looking to avoid gluten,
please ask your server.**

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